

**Northeastern**  
**Self-Authored Integrated Learning**

**GLOSSARY OF SAIL DIMENSIONAL + FOUNDATIONAL SKILLS**

SKILL	DEFINITION
<b>INTELLECTUAL AGILITY</b> <i>Learners develop the ability to use knowledge, behaviors, skills, and experiences flexibly in new and unique situations to innovatively contribute to their field.</i>	
AESTHETIC APPRECIATION	The ability to recognize and value beauty, harmony, and excellence as a way to connect and/or make meaning in life
COMPUTATIONAL THINKING	The ability to solve problems, design systems, and understand human behavior, drawing on concepts fundamental to computer science
DESIGN THINKING	The ability to utilize logic, imagination, intuition and systematic reasoning to generate and explore human-centered solutions to problems
ENTREPRENEURSHIP	The ability to assume a creative mindset to contextualize ideas within the framework of existing knowledge and to imagine new avenues of discovery in the economic and often social sphere.
INFORMATION LITERACY	The ability to recognize when information is needed as well as the ability to locate, evaluate, and effectively use the appropriate information
INTEGRATIVE THINKING	The ability to synthesize disparate ideas to form a holistic perspective
QUANTITATIVE REASONING	The ability to process, analyze, and communicate quantitative information in various authentic contexts
STRATEGIC THINKING	The ability to engage in conceptual, broad, and imaginative thinking to create approaches, plans, and actions designed to achieve future success
SYSTEMS THINKING	The ability to recognize and understand the relationships, linkages, and interdependencies of individual parts that make up the whole
<b>GLOBAL MINDSET</b> <i>Learners develop knowledge, skills and behaviors to live, work and communicate with people whose backgrounds, experiences and perspectives are different from their own as well as to consider the global impact of their decisions.</i>	

INCLUSIVITY/INCLUSIVE ACTION	The ability to take actions and/or create spaces that welcome, engage, support, and affirm people from diverse backgrounds as equals
CULTURAL AGILITY	The ability to effectively live, work, and communicate with individuals of different cultures
SYSTEMS THINKING	The ability to recognize and understand the relationships, linkages, and interdependencies of individual parts that make up the whole
<b>SOCIAL CONSCIOUSNESS AND COMMITMENT</b> <i>Learners develop the confidence, skills, and values to effectively recognize the needs of individuals, communities, and societies and make a commitment to constructively engage in social action.</i>	
ADVOCACY	The ability to take action and assert one's own or others' interests, needs, and values
CIVIC-MINDEDNESS	The skills, attitudes and actions that are driven by concern and interest in the public good or humanity as a whole
CONFLICT RESOLUTION/TRANSFORMATION	The skills associated with assessing the dynamics of a conflict and facilitating peaceful solutions
INCLUSIVITY/INCLUSIVE ACTION	The ability to take actions and/or create spaces that welcome, engage, support, and affirm people from diverse backgrounds as equals
NETWORKING	The skills related to engaging and building connections with others
SYSTEMS THINKING	The ability to recognize and understand the relationships, linkages, and interdependencies of individual parts that make up the whole
<b>PERSONAL AND PROFESSIONAL EFFECTIVENESS</b> <i>Learners develop the confidence, skills, behaviors and values to effectively discern life goals, form relationships and shape their personal and professional identities to achieve fulfillment.</i>	
COACHING/MENTORING	The ability to provide guidance, support, and/or advice on how another might achieve their goals
CONFLICT RESOLUTION/TRANSFORMATION	The skills associated with assessing the dynamics of a conflict and facilitating peaceful solutions
FINANCIAL LITERACY	The ability to apply business and finance concepts to personal financial management to achieve financial independence

NEGOTIATION	The ability to clarify goals and resolve points of potential conflict to achieve mutual benefit for the parties involved
NETWORKING	The skills related to engaging and building connections with others
ORGANIZATION	The skills associated with arranging tasks, information, or resources in an orderly and structured way
PLANNING	The ability to take a systematic approach to accomplish an objective including setting goals, developing strategies, outlining and prioritizing tasks, and setting timelines
STRATEGIC THINKING	The ability to engage in conceptual, broad, and imaginative thinking to create approaches, plans, and actions designed to achieve future success
TIME MANAGEMENT	The ability to use time efficiently and effectively to achieve one's goals
<b>WELL-BEING</b> <i>Learners develop knowledge, skills and behaviors necessary to live balanced and fulfilling lives.</i>	
AESTHETIC APPRECIATION	The ability to recognize and value beauty, harmony, and excellence as a way to connect and/or make meaning in life
BOUNDARY SETTING	The ability to set limits of time, behavior, and activity that support balance and productivity
SELF-CARE	The ability to make choices for the improvement or sustaining of one's physical, emotional, social, and/or spiritual health
SELF-CONTROL	The ability to manage one's impulses and emotions
TIME MANAGEMENT	The ability to use time efficiently and effectively to achieve one's goals
<b>FOUNDATIONAL MASTERIES</b> <i>Foundational Masteries are those skills and attributes that play a role across the dimensions.</i>	
<b>Intrapersonal Skills</b> <span style="float: right;"><b>FOUNDATIONAL MASTERIES</b></span>	
HELP-SEEKING	The ability to identify the benefit of and need for assistance, guidance, and support of others to move forward in any domain

INDEPENDENCE/AUTONOMY	The ability to self-direct and exhibit a freedom of will in connection with one's own thoughts and actions
INITIATIVE	The motivation and effort to begin and follow through on something
PERSEVERANCE/RESILIENCY	The process of adapting well in the face of adversity
RESOURCEFULNESS	The ability to identify solutions and resources to accomplish goals
SELF-DIRECTED LEARNING	The skills associated with assessing one's own learning needs, setting goals, identifying appropriate resources and taking action to learn
SELF-EFFICACY/CONFIDENCE	Behaviors that exhibit empowerment and self-assurance based on a balanced sense of self-belief and worth
<b>Attributes</b> <i>FOUNDATIONAL MASTERIES</i>	
COMFORT WITH AMBIGUITY	The ability and openness to accept that some facts, situations, and perspectives may be contradictory or indeterminate, and to handle the risks associated with uncertainty
HUMILITY	The ability to behave in a manner that reflects an understanding (or attitude) that one's own knowledge, perspective, experience and beliefs are not definitive or superior to others
INTEGRITY	The quality of being honest, responsible, trustworthy and reliable
MINDFULNESS	An intentional, focused state of self-awareness of thoughts and feelings
OPEN-MINDEDNESS	Receptivity towards and interest in new contexts, ideas, opinions and perspectives of other people and cultures
<b>Interpersonal Skills</b> <i>FOUNDATIONAL MASTERIES</i>	
COLLABORATION/TEAMWORK	The skills, abilities and willingness to work with others to achieve results
COMMUNICATION	The ability to conceptualize, prepare, receive, and convey ideas and information using spoken language, writing, images, or electronic media

EMPATHY	The ability to be perceptive and sensitive to the perspectives, feelings and circumstances of others
LEADERSHIP	The ability to act with sufficient agency alone or with others to achieve desired outcomes
Strategic Toolkit <i>FOUNDATIONAL MASTERIES</i>	
CREATIVE THINKING/INNOVATION	The ability to think in novel ways to generate or develop new ideas or approaches
CRITICAL THINKING	The ability to gather, synthesize and analyze information and data in support of conclusions or decisions
DECISION-MAKING	The ability to choose between alternatives
ETHICAL REASONING	The skills required to process the moral implications of situations and weigh the consequences of choices and decisions
INQUIRY & ANALYSIS	The skills associated with the systematic process of exploration through the collection and breaking down of complex issues to illuminate evidence that results in informed conclusions
PROBLEM SOLVING	The ability to identify solutions to difficult or complex issues, challenges, or situations