

ABOUT THE AUTHORS

HENRY L. JANZEN

Hank Janzen obtained his Ph.D. from the University of Calgary in 1971. His professional experience prior to that time includes high school teaching in Vancouver, school psychologist in Calgary, and psychology instructor at Mount Royal Junior College in Calgary. Since 1971 he has taught at the University of Manitoba and the University of Calgary. He is currently Assistant Dean, Faculty of Education, Associate Professor, Department of Educational Psychology, and Director of the Psychological Testing Centre, Faculty of Education Clinical Services, University of Alberta.

LLOYD W. WEST

Lloyd W. West is an associate professor in the Department of Educational Psychology at the University of Calgary. He obtained a Ph.D. degree in counselling psychology from the University of Alberta in 1968. Lloyd's current interests include interpersonal communication, evaluation research, and the implications of systems theory and attribution theory for group counselling. His previous research has focussed largely upon the self-disclosure patterns of adolescents.

BRUCE R. MAHON

Bruce R. Mahon (B.Ed., M.A.) is a psychology instructor at Mount Royal College, Calgary, Alberta. He has worked extensively in the area of communication skill training with such diverse groups as nurses, unemployment insurance counsellors, child care workers, and police recruits. He is especially interested in integrating skill training experiences with more self-oriented experiences (e.g., value clarification), in order that skill training becomes more personally meaningful. He is currently completing his doctoral degree in the area of perceptual psychology within the counselling division of the Department of Educational Psychology at the University of Calgary.

FRED A. MILES

Fred Miles is the Acting Coordinator of Counselling Services, Mount Royal College, Calgary. His academic background includes a B.A. (Queen's University), B.D. (Queen's Theological College), Th.M. in Pastoral Counselling (Princeton Theological Seminary), M.Sc. in Counselling (University of Calgary).

Fred has had extensive experience in offering courses and workshops focussing on the development of helping and human relations skills, group leadership development, and human sexual understanding, and has worked with a variety of groups, nurses, social workers, teachers, inmates, child care workers and college students. A particular area of interest is the use of groups for the expansion and development of personal and professional growth.

REY ALEXANDER CARR

Rey A. Carr, presently a counsellor educator at the University of Victoria, obtained his B.A. from the University of California (Los Angeles) 1964, his M.A. from San Francisco State College in 1968, and his Ph.D. from the University of California (Berkeley) in 1972.

Dr. Carr has been teaching at the University level for over seven years and has held positions at San Francisco State College, California State College at Hayward, the Wright Institute and Dominican College.

Trained as a clinical child psychologist and school guidance consultant, Dr. Carr has developed skills in facilitating effective communication, creative problem solving and administrative cooperation. He has worked extensively with teacher organizations, parent groups and students of all ages in increasing personal and professional effectiveness.

EDWARD LAMONTE OHLSON

Dr. Edward L. Ohlson is an Assistant Professor of Psychiatry and Pediatrics at Case Western Reserve University, School of Medicine and also directs the learning pathology clinic at Cleveland Metropolitan General Hospital, Cleveland, Ohio. His current clinical and research interests are in the areas of therapeutic methods, human sexual disphoria, and learning disabilities.

WILLIAM HAGUE

Dr. Bill Hague has a B.A. in philosophy and psychology from the University of Windsor, a Master's degree in counselling psychology from Stanford and Fordham, and a B.Ed. and Ph.D. from the University of Alberta. After five years of high school counselling he is currently an Associate Professor, Department of Educational Psychology, University of Alberta, teaching developmental psychology and counselling, with particular involvement with the graduate practicum in counselling psychology. Bill has also worked with the training of volunteers for the Edmonton "Distress Line" and given workshops for counsellors of the Alberta Alcoholism and Drug Abuse Commission.

BRYAN HIEBERT

Bryan Hiebert is a doctoral student at the University of Alberta. He received a B.Ed. from the University of Calgary in 1966 and subsequently entered the educational system where he taught in rural, urban and overseas classrooms in addition to receiving experience as a vice-principal and principal. He completed a M.Ed. in counselling psychology at the University of Alberta in 1976 and is currently working with private practitioners in biofeedback treatment for migraine and tension headaches, and anxiety syndromes.

JOHN FRIESEN

Dr. John Friesen is currently an Associate Professor in the Department of Counselling Psychology at the University of British Columbia with specialization in Family Counselling and Therapy.

His previous work includes teaching junior and senior high school students, counselling in high school and prison settings, supervisor of Counselling Services, Department of Education, Government of Alberta, External Evaluator, Canadian Penitentiary Service, and director of several research projects, including "An Assessment of Family Needs in B.C." sponsored by the Government of British Columbia.

SANDRA W. PYKE

Sandra W. Pyke is an Associate Professor in the Department of Psychology and Programme Supervisor in the Counselling and Development Centre at York University. She was awarded her Ph.D. degree from McGill University. Her current interests are in the areas of feminist counselling as well as research and theory related to female sex-role development.

FAYE P. WEISENBERG

Faye Wiesenbergr graduated from York University with a B.A. in Clinical Psychology, and is currently on staff at York University's Counselling and Development Centre, Toronto. Her work experience includes assertiveness training for women, female sexuality groups, individual feminist counselling and unplanned pregnancy counselling. Her research interests are centered around sex-role stereotyping and the concept of androgynous personality.