

thoroughly grounded in the research data concerning the MMPI. While this book can be very valuable to the experienced clinician, it may too readily be used as a "cookbook" by the student and novice. Yet, given the proper grounding in the rationale of the MMPI, these are precisely the people for whom this *Guide* could be most useful.

This *Guide* to the MMPI is a noteworthy addition to the literature. It should be considered a must by all serious clinicians.

Learning to Learn to Move: Confidence and Control, Office of Audio Visual Services, University of Guelph, Guelph, Ontario, sound/color film (25 min.). Available in 16 mm (\$255.00) and videocassette (\$90.00).

Reviewed by:

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This documentary provides an excellent overview of a program developed at the University of Guelph for underachieving children. As the title suggests, *Confidence and Control* describes a treatment rationale aimed at enhancing a child's ability to cope with problem-solving situations. The film demonstrates how poor learning strategies can be improved by the use of adapted games and gross motor activities.

The film reviews the problem as viewed by Dr. Stott and Professors Charteris and Bruce. In particular, the shy, overly apprehensive and the hyperactive, impulsive child are discussed. The activities utilized in the program are shown in enough detail to provide the viewer with a solid understanding of this approach. An interesting aspect of the film is the opportunity to see both learning disadvantaged and normal children engaged in various tasks at different stages of progress.

Confidence and Control is an overview, not a recipe of specific do's and don't's. It offers an informative and thorough presentation which should prove to be of interest to a variety of disciplines: special education and physical education teachers, occupational therapists, and psychologists. The level of information is suitable for students in these professions who are involved with the remediation of learning disabilities. Since the format includes excellent examples of the problems described, it may also be of assistance to parents in the management of learning disabled children.

Employment Search Program, Office of Audio Visual Services, University of Guelph, Guelph,

Ontario, 1975, 4 black and white video cassettes (2 hrs., 40 mins.), \$400.00.

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"So you've got a university degree—so what!?" The reality of this statement is becoming ever so clear for many university graduates today. Their degree gives them knowledge—but little or no experience, and the feeling that they have the right to a good job—but no skills to help them in the search for this job. Consequently, the number of university graduates who are joining the ranks of the unemployed and underemployed is ever increasing. In light of this situation the value of the *Employment Search Program* (ESP), which is strongly directed toward university graduates (or other post-secondary students), becomes apparent.

This program, which consists of four black and white cassette videotapes, aims at dealing with all the aspects of the job-hunting process:

- Tape 1 attempts a self-assessment or analysis;
- Tape 2 handles the various techniques of writing different types of resumes;
- Tape 3 looks at various job location strategies and how to write letters of application; and
- Tape 4 shows how to handle interviews.

Its coverage of these areas appears to be very complete. It incorporates all of the important elements in finding an appropriate job—the same ones considered by Canada Manpower to be important enough to provide the key issues in their Creative Job Search program. The various suggestions or 'how-tos' dealt with under these various topics are presented in a clear and concise manner which draws on a variety of resources (university graduates looking for job, personnel officers from various industries, etc.).

Accompanying the videotapes is a manual which consists of notes designed to be used with the tapes. While parts of this manual are simply verbatim copies of what is being read by the narrators, it nevertheless provides a good, overall outline or guide to what is presented in the tapes. Since it does pick up all of the important ideas in this program, its value as a resource material, independent of the tapes, should not be overlooked by counselling centers or libraries.

The use of a videotape format is both problematic and advantageous. Whenever one attempts to use this format they must face the cold reality that, like it or not, they are competing with television. University students by and large have spent countless hours being dazzled and dazed into a state of numbness by