

## ABOUT THE AUTHORS

### MARVIN J. WESTWOOD

Marvin Westwood completed his PhD degree in counselling at the University of Alberta. His interests include counsellor education, program development, expanding the role of the counsellor to include skills necessary to be a consultant in a team approach in the educational setting, and the development of models or strategies for the counsellor to work more directly and effectively with teachers and administrators. He has been a faculty member at McGill University and is currently an associate professor in the Department of Counselling Psychology at the University of British Columbia.

### JEFF NAYMAN

Jeff Nayman has been a rehabilitation counsellor for eight years and is currently on staff at the Lethbridge Rehabilitation Centre in Montreal. He received an MEd degree in counselling from McGill University and is a doctoral student there at present. He also teaches at McGill and at a CGEP in Montreal. His current research interests concern the psychological implications of disability. He is particularly interested in looking at the problem of lowered self-esteem among stroke victims and the degree to which counselling can restore their self-esteem.

### JOHN A.B. ALLAN

John Allan received his PhD from the Institute of Education, University of London in 1971. Prior to this he worked as a school counsellor in California and London for five years. He is currently an associate professor in the Faculty of Education at the University of British Columbia where he is training elementary school counsellors. His interests lie in the areas of problem solving and classroom management through classroom discussions, peer counselling, and the use of art, journals and drama in the counselling process.

### JUDITH E. NAIRNE

Judith Nairne received her BA (1976) in psychology from the University of British Columbia and her MEd (1980) in counselling psychology from the same institution. In addition she holds a permanent professional teaching certificate. She is currently working as an educational/counselling consultant to school boards throughout British Columbia. Her research interests centre on the development and testing of class discussion formats based on the Egan model of counselling.

### PAUL C. SARTORIS

Paul Sartoris is a professor in the Department of Educational Psychology at the University of Alberta and until recently was the Director of the University Student Counselling Services. He received his PhD in clinical psychology from the University of Utah in 1966 and has taught in the counselling program at Alberta and counselled at the Counselling Centre since that time. He is interested in counsellor education and the administration of college student services. Currently, he is the Acting Dean of Students.

### ALLEN R. VANDERWELL

Allen Vanderwell is a professor in University Student Counselling Services with joint responsibilities in the area of counsellor education in the Faculty of Education. A PhD from the University of Iowa, he has been a member of the Faculty of the University of Alberta since 1960. His interests include counselling, counsellor education, and experimental psychotherapy. He is also Director of the Western Canadian Centre for Experimental Psychotherapy and has recently become Director of the University Student Counselling Services.

### ALVIN R. MAHRER

Alvin Mahrer is a professor of school psychology at the University of Ottawa. He obtained his PhD degree from Ohio State University. His current interests centre on process research in psychotherapy.

### GLORIA L. FELLERS

Gloria L. Fellers is a doctoral student in counselling and clinical psychology at the University of Ottawa.

### GARY M. DURAK

Gary M. Durak is a doctoral student in counselling and clinical psychology at the University of Ottawa.

### PATRICIA A. GERVAIZE

Patricia A. Gervaise is a doctoral student in counselling and clinical psychology at the University of Ottawa.

### SHEILA D. BROWN

Sheila D. Brown is a doctoral student in counselling and clinical psychology at the University of Ottawa.

## ANN A. WETMORE-FOSHAY

Ann Wetmore-Foshay is a graduate of Acadia University, having received a BSc in psychology in 1972 and an MEd in counselling in 1978. She was a counsellor psychologist at Dalhousie University's Counselling and Psychological Services Centre from 1977 to 1979, when she became Director of Social Services for two hospitals in Kentville, Nova Scotia, also serving on the staff of a Psychiatric Day Treatment Centre. Currently she is a counsellor with the Student Services Department at Mount Saint Vincent University, Halifax.

## PATRICK O'NEILL

Dr. O'Neill is currently Head of the Psychology Department at Acadia University, Wolfville, Nova Scotia. He received his PhD in community/clinical psychology from Yale University in 1975. He completed his undergraduate education in 1971 at the University of Victoria. Dr. O'Neill has done extensive research on attitude change and in the area of community psychology.

## JAMES A. FOSTER

James A. Foster received his BA in psychology from the University of Houston, BEd from the University of Manitoba, and MS and PhD in counselling from the University of North Dakota. He has taught school, been a school counsellor, held the rank of associate professor at the University of Manitoba Counselling Center, was Coordinator of the Atlantic Institute of Education (Halifax) Cooperative Program in Counselling, and is presently a professor of education and Director of the Counselling Centre at Acadia University, Wolfville, Nova Scotia. His most recent research interests include an examination of the role of humor in counselling.

## ANDREW HUM

Dr. Hum is presently an associate professor in the Department of Counsellor Education at McGill University. He received his MEd degree in school guidance and counselling from McGill University in 1967 and a PhD in counselling psychology from the University of Alberta in 1973.

## PETER CALDER

Peter Calder is an associate professor in the Department of Educational Psychology at the Uni-

versity of Alberta. He received his PhD degree in counselling from the University of Indiana. His most recent work has been in the area of social learning and how it can be applied to therapy as well as counsellor education.

## HARVEY W. ZINGLE

Harvey W. Zingle received his PhD degree in counselling from the University of Alberta and is currently Chairman of the Department of Educational Psychology at the University of Alberta. Earlier in his career he was a teacher and administrator in several Alberta schools. He is the author of five books in counselling and related topics, has served as President of the Psychologists' Association of Alberta, has been Alberta's representative on the Board of Directors of the Canadian Guidance and Counselling Association, and is currently Editor of the *Canadian Counsellor*.

## GARY TORBIT

Gary Torbit is an associate professor in the Department of Counsellor Education at McGill University. He completed his undergraduate, MEd and PhD degrees at the University of Alberta. His interests include developmental counselling and consultant/collaborator models as applied to the area of elementary school counselling. Research, in counsellor education, has focused on teaching models for facilitating the acquisition of interpersonal skills in counsellor trainees, and selection criteria used in admitting counsellor applicants into training programs.

## MARILYN J. HAYMAN

Marilyn Hayman received her EdD from Ball State University, Indiana. Undergraduate work was pursued at the University of Saskatchewan and Carleton University in Ottawa, followed by an MEd and MA from the University of Ottawa. During the past nine years, she has worked in special education, elementary counselling, a mental health practice in Belgium, and has taught graduate counselling courses for an American university in Germany and Holland. Marilyn is currently working with the Centre for Behaviour Therapy and Assessment in Ottawa. Her interests include lecturing at the University of Ottawa, individual marital and family therapy, as well as conducting workshops dealing with assertiveness, stress management, and career development.