

***Table 1. Demographic Information of Research Participants***

<b>Pseudo Name</b>	<b>Gender</b>	<b>Immigration Status at the time of migration</b>	<b>Current Occupation</b>	<b>Age</b>	<b>Education From country of Origin</b>	<b>Annual Family Income</b>	<b>Marital Status</b>	<b>Length of Stay in Canada</b>	<b>PREFERRED Language</b>
Amna	Female	Landed	ESL-student	35y	2 Masters	10,000 - 20,000	Married	4 1/2 yrs.	Urdu
Fatima	Female	Landed	Homemaker	39 y	Medicine	30,000 - 40,000	Married	4 yrs.	Urdu
Ali	Male	Independent	Taxi driver	45 y	Bachelor of Eng.	20,000 - 30,000	Married	4 1/2 yrs.	Urdu
Osman	Male	Refugee	Taxi driver	43y	BA	20,000 - 30,000	Married	3 yrs.	Punjabi
Doctor	Male	Landed	Student	26 y	MA	20,000 - 30,000	Single	4 yrs.	Urdu
Sunny	Male	Landed	Student	19y	Grade 12	30,000 - 40,000	Single	4 yrs.	Urdu
Rita	Female	Independent	Homemaker	42y	M.Ed.	below 10,000	Divorced	3 yrs.	Urdu
Iman	Male	Independent	Factory work	41y	B Pharmacy	below 10,000	Married	3 yrs.	Urdu
Fowad	Male	Independent	Unemployed	53y	BSc. Eng	below 10,000	Married	3 yrs.	Punjabi
Sara	Female	Landed	Security	29y	BE Engineering	More than 50,000	Divorced	3 yrs.	Urdu
Rahat	Female	Landed	PhD. Student	29 y	MA Economics	10,000 - 20,000	Married	3 yrs.	Urdu
Amina	Female	Landed	Factory work	43 y	Grade 10	More than 50,000	Married	4 1/2 yrs.	Hindi
Perveen	Female	Independent	Settlement Counsellor	45 y	PhD.	More than 50,000	Married	4 1/2 yrs.	Hindi